

# SNACK MENU – OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM: Mini bagels/ Cream cheese/ Water PM: Apples/ Pretzels/ Water	3 AM: Ritz/ Cheese/ Water PM: Nilla wafers/ Milk	4 AM: Fruit bars/Milk PM: Chex mix/Juice	5 AM: Bananas/Milk PM: Go-gurt/ Crackers/Juice	6 AM: Chex Mix/Milk PM: Veggies/Ranch/ Juice
9 AM: Bananas/Milk PM: Animal crackers/Milk	10 AM: French toast /Milk PM: Cheez-its/Juice	11 AM: Graham crackers/Cream Cheese/Milk PM: Cheez-its/Juice	12 AM: Go-gurt/ Crackers/Juice PM: Applesauce/ Ritz/Water	13 AM: Waffles/Milk PM: Bananas/Milk
16 AM: Cheerios/Milk PM: Fruit Bars/Juice	17 AM: Chex Mix/Milk PM: Go-gurt/ Crackers/Juice	18 AM: Mini bagels/ Cream cheese/ Water PM: Apples/Cheese/ Water	19 AM: Bananas/Milk PM: Veggies/Ranch/ Juice	20 AM: Ritz/ Raisins/Water PM: Animal crackers/ Milk
23 AM: Fruit bars/Milk PM: Chex mix/Juice	24 AM: Applesauce/ Ritz/Water PM: Nilla wafers/ Milk	25 AM: French toast /Milk PM: Apples/ Pretzels/ Water	26 AM: Go-gurt/ Crackers/ Juice PM: Animal crackers/Milk	27 AM: Bananas/Milk PM: Veggies/Ranch/ Juice
30 AM: Graham crackers/ Cream Cheese/Milk PM: Go-gurt/ Crackers/ Water	31 AM: Waffles/Milk PM: Cheez-its/Juice			