

Water of Life Preschool & Childcare

WATER - FAM LK

April 2	April 3	April 4	April 5	April 6
Turkey Hot Dog (1ea) Sweet Peas (1/4c) Mandarin Oranges (1/4c) Hot Dog Bun (1ea) Ketchup	Mini Chicken Corn Dogs (4ea) Carrot Coins (1/4c) Pear/Peach Salad (1/4c) Ketchup	Chicken Nuggets (4ea) Tossed Salad (1/4c) Banana (1ea) Ketchup Ranch Dressing	Spaghetti w/Beef (3/4c) Mixed Vegetables (1/4c) Applesauce (1/4c)	Hawaiian Meatballs (2ea) Carrot Sticks (1/4c) Tropical Fruit (1/4c) MG Rice (1/4c) Ranch Dressing
April 9	April 10	April 11	April 12	April 13
Ground Chicken & Peas Saute (1/3c) Mashed Potatoes (1/4c) Pears (1/4c)	Chicken Nugget (WG) (4ea) Golden Carrots & Corn (1/4c) Orange Slices (2ea) Ketchup	Beef Hamburger (1ea) Sweet Peas (1/4c) Banana (1ea) Hamburger Bun (1ea) Ketchup	Bean & Cheese Burrito (V) (1ea) Cucumber Slices (1/4c) Peaches (1/4c) Mexican Rice (1/4c) Ranch Dressing	BBQ Chicken Sliders (1ea) Green Beans (1/4c) Apple Slices (1ea) Slider Roll (1ea)
April 16	April 17	April 18	April 19	April 20
Mini Chicken Corn Dogs (4ea) Mixed Vegetables (1/4c) Pear/Peach Salad (1/4c) Ketchup	Crispy Chicken Sandwich (1ea) Sweet Peas (1/4c) Applesauce (1/4c) Hamburger Bun (1ea) Ketchup	Teriyaki Chicken Bites (1/4c) Carrot Sticks (1/4c) Banana (1ea) MG Rice (1/4c) Ranch Dressing	Macaroni & Cheese (V) (1/2c) Green Beans (1/4c) Tropical Fruit (1/4c)	Chicken Quesdilla Roll (1ea) Tossed Salad (1/4c) Pineapple Bites (1/4c) Mexican Rice (1/4c) Ranch Dressing
April 23	April 24	April 25	April 26	April 27
Chili Mac (Beef) (3/4c) Sweet Corn (1/4c) Orange Slices (2ea)	Roasted Chicken Bites (1/4c) Carrot Sticks(1/4c) Peaches (1/4c) Confetti Rice (1/4c) Ranch Dressing	Beef Enchilada Casserole (1/2c) Tossed Salad (1/4c) Banana (1ea) Mexican Rice (1/4c) Ranch Dressing	Popcorn Chicken (3/4c) Golden Carrots & Corn (1/4c) Apple Slices (1ea) Ketchup	Baked Ziti (V) (3/4c) Sweet Peas (1/4c) Pears (1/4c)
April 30				
Sweet & Sour Meatballs (2ea) Tossed Salad (1/4c) Pineapple Bites (1/4c) MG Rice (1/4c) Ranch Dressing				

Portions meet or exceed USDA CACFP & California Title 22 guidelines for 2-6 year olds when consumed with 6oz of 1% Milk.

(V) = Vegetarian

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HAVE A WONDERFUL DAY!