

## Water of Life Preschool & Childcare

WATER - FAM LK

<p>March 2</p> <p><b>Spaghetti w/Beef (1/2c)</b></p> <p>Green Beans (1/4c) Peaches (1/4c)</p>	<p>March 3</p> <p><b>Chicken Drumsticks (4ea)</b></p> <p>Sweet Peas (1/4c) Banana (1ea) Ketchup</p>	<p>March 4</p> <p><b>Beef &amp; Bean Burrito (1ea)</b></p> <p>Corn (1/4c) Apple Slices (1ea)</p>	<p>March 5</p> <p><b>Teriyaki Chicken (1/4c)</b></p> <p>Tossed Salad (1/4c) Mandarin Oranges (1/4c) Multi-Grain Rice (1/4c) Ranch Dressing</p>	<p>March 6</p> <p><b>Meatballs in Marinara (2ea)</b></p> <p>Carrot Coins (1/4c) Pears (1/4c) Dinner Roll (1ea)</p>
<p>March 9</p> <p><b>Chicken &amp; Rice Casserole (1/2c)</b></p> <p>Golden Corn &amp; Carrots (1/4c) Apple Slices (1ea)</p>	<p>March 10</p> <p><b>Hawaiian Meatballs (2ea)</b></p> <p>Cucumber Slices (1/4c) Peaches (1/4c) Multi-Grain Rice (1/4c) Ranch Dressing</p>	<p>March 11</p> <p><b>Turkey Hot Dog (1ea)</b></p> <p>Corn (1/4c) Banana (1ea) Hot Dog Bun (1ea) Ketchup</p>	<p>March 12</p> <p><b>Macaroni &amp; Cheese (V) (1/2c)</b></p> <p>Green Beans (1/4c) Tropical Fruit (1/4c)</p>	<p>March 13</p> <p><b>Chili Mac (Beef) (1/2c)</b></p> <p>Sweet Peas (1/4c) Pineapple (1/4c)</p>
<p>March 16</p> <p><b>Beef Hamburger (1ea)</b></p> <p>Carrot Coins (1/4c) Pears (1/4c) Hamburger Bun (1ea) Ketchup</p>	<p>March 17</p> <p><b>Bean &amp; Cheese Burrito (V) (1ea)</b></p> <p>Tossed Salad (1/4c) Orange Slices (2ea) Mexican Rice (1/4c) Ranch Dressing</p>	<p>March 18</p> <p><b>Meatballs w/Gravy (2ea)</b></p> <p>Mashed Potatoes (1/4c) Banana (1ea)</p>	<p>March 19</p> <p><b>Turkey Hot Dog (1ea)</b></p> <p>Cucumber Slices (1/4c) Mandarin Oranges (1/4c) Hot Dog Bun (1ea) Ranch Dressing/Ketchup</p>	<p>March 20</p> <p><b>Crispy Chicken Sandwich (1ea)</b></p> <p>Corn (1/2c) Apple Slices (1ea) Hamburger Bun (1ea) Ketchup</p>
<p>March 23</p> <p><b>Macaroni &amp; Cheese (V) (1/2c)</b></p> <p>Green Beans (1/4c) Tropical Fruit (1/4c)</p>	<p>March 24</p> <p><b>Monterey Chicken Casserole (1/2c)</b></p> <p>Mixed Vegetables (1/4c) Banana (1ea)</p>	<p>March 25</p> <p><b>Baked Ziti (V) (3/4c)</b></p> <p>Sweet Peas (1/4c) Peaches (1/4c)</p>	<p>March 26</p> <p><b>BBQ Chicken Sandwich (1/4c)</b></p> <p>Corn (1/4c) Orange Slices (2ea) Hamburger Bun (1ea) Ketchup</p>	<p>March 27</p> <p><b>Pizza Pasta Casserole (1/2c)</b></p> <p>Golden Corn &amp; Carrots (1/4c) Pineapple (1/4c)</p>
<p>March 30</p> <p><b>Chicken Drumsticks (4ea)</b></p> <p>Carrot Coins (1/4c) Apple Slices (1ea) Ketchup</p>	<p>March 31</p> <p><b>Roasted Chicken Bites (1/4c)</b></p> <p>Tossed Salad (1/4c) Pears (1/4c) Confetti Rice (1/4c) Ranch Dressing</p>			

Portions meet or exceed USDA CACFP & California Title 22 guidelines for 2-6 year olds when consumed with 6oz of 1% Milk.

(V) = Vegetarian

714.751.8500 Tel

714.751.8600 Fax

[www.cater tots.com](http://www.cater tots.com)

# HAVE A WONDERFUL DAY!